Family Resources

In case of Emergency always dial: 911

211 Information Line: Dial "211" for access to a 24 hour hotline for community resources and social services.

ABC House: (541-926-2203) Child abuse intervention center. www.abchouse.org

Albany Police Department: In an emergency, dial 911 www.cityofalbany.net/departments/police

Boys and Girls Club of Albany: (541-926-6666) Provides recreational and competitive athletic opportunities, supervised after school activities. The dental clinic in the building provides low-income children with dental screening and treatment. www.bgc-albany.org

Center Against Rape and Domestic Violence: Provides confidential shelter and comprehensive advocacy services for victims of domestic and sexual violence. www.cardvservices.org

City of Albany: City website has information for library, recreational opportunities, public works and emergency services. www.cityofalbany.net

Community Outreach: (541-758-3000) Provides shelter to homeless families, mental health care and medical clinics. www.communityoutreach.org

Community Services Consortium: (541-928-6335) Provides assistance and referrals for a variety of needs, such as housing, utility bill payments, education and training, food, etc. our services are dedicated helping households with limited income and require income eligibility screening.

www.communityservices.us

FACT: Families and Communities Together: (541-924-3720) School district social services activity. http://albany.k12.or.us/departments/specialprograms/index.php

Family Tree Relief Nursery: (541-967-6580) Child Abuse prevention program, providing early intervention services at no-cost to high risk families. www.familytreern.org

FISH of Albany: (541-928-4460) Provides free clothing, diapers, personal hygiene and household items to needy families. Food pantry provides a five-day supply of groceries. Prescription assistance for life threatening issues. Guest house provides emergency shelter for pregnant and parenting teens and their children. www.fishofalbany.com

Food Hero: (541-737-1017) Provides 300+ <u>recipes</u>, all using low-cost ingredients, for healthy and quick meals. Also includes a kids section with activity sheets, Kid Approved recipes, and coloring sheets, and Food Hero monthlies which focus on one ingredient per month. <u>www.foodhero.org</u>

Greater Albany Public Schools: (541-967-4501) www.albany.k12.or.us

Inreach Services: (541-812-4059) Medical, Dental and Mental Health care. <u>www.samhealth.org/inreach</u>

Jackson Street Youth Shelter: (800-901-2904) Serves homeless, runaways and other youth in crisis. www.jacksonstreet.org

Linn County Health Department: (541-967-3888) Promotes the health and well being of all Linn County residents. www.co.linn.or.us/health/

Linn County Mental Health: (541-967-3886) Promotes the mental health of all Linn County residents. www.co.linn.or.us/health/mental_health/mh.htm

Linn County Sheriffs Office: (911) emergency number, (541-967-3950) nonemergency number. www.linnsheriff.org

Mid-Willamette Family YMCA: (541-926-4488) provides health and fitness activities, youth mentoring, single parent family activities, programs for seniors. www.ymcaalbany.org

Mighty Oaks Children's Therapy Center: (541-967-7551) Provides comprehensive, family-centered therapy by licensed pediatric specialists for children (birth to 22 years) with all types of disabilities. Services include physical therapy, speech and language therapy and occupational therapy. www.mightyoakschildren.org

Oregon State Police: (911) emergency number, (541-967-2026) non-emergency number. www.oregon.gov/osp/pages/index.aspx

Parenting Success Network: (541-917-4899) Parenting support for Oregon families in Linn and Benton Counties. www.parentingsuccessnetwork.org

Pre-Primary Speech and Language: (541-466-3110) provides speech and language therapy in a pre-school setting to 3-5 year old children with speech and language delays. www.fcpreprimary.org

Salvation Army: (541-928-4774) Emergency shelter, clothing, food pantry, holiday assistance programs www.salvationarmyusa.org

Welcome Center: (541-704-2376) School district agency offers activities and translation assistance for Spanish speaking

families. http://albany.k12.or.us/departments/