## **GENERAL**

- Albany Recovers a "one stop" resource for everything you need.
   <a href="https://albany.recovers.org/">https://albany.recovers.org/</a> Once you are on the website, simply provide your contact info and what you need. Within an hour or two, an agency will contact you to provide you with what you need.
- 211 is another general resource finder and can be downloaded as an app on your phone. For info, call 211 or go to <a href="https://www.211info.org/">https://www.211info.org/</a> for up to date information and referrals.
- CSC Community Services Consortium As Oregon's state-designated community action agency, CSC is here to help. They offer a number of services in Linn, Benton, and Lincoln counties. These services focus on essential day-to-day survival, such as food and housing, as well as developing new skills that lead to independence through education, training, and work. Whether you need help keeping the heat on today or want help planning for your career of tomorrow, CSC is here to help. During the COVID-19 crisis, the office is closed to the public, but staff members are still taking calls 541-928-6335 or go to http://communityservices.us/
- Love, Inc. of Linn County is a Christian organization that helps with all sorts of things from offering a variety of temporary help with labor services to collecting used household and medical equipment. 541-924-5683, 1606 Santiam Rd. SE, Albany Hours: M—Th 9am-1pm <a href="https://lovelinn.org/about-love-inc/">https://lovelinn.org/about-love-inc/</a>

# **CHILD CARE**

- The Greater Albany Public School District's childcare center at Liberty School staffed by school employees is currently open to children of <u>medical staff only</u>.
   If you are interested in applying for this program, please email Lisa Shogren directly: <u>lisa.shogren@albany.k12.or.us</u>
- Mid-Willamette Family YMCA Service: Emergency Childcare for essential staff. The Mid-Willamette Family YMCA is now an Emergency Child Care provider for families in our community who need our help. Essential staff including emergency responders, medical personnel, as well as others providing critical operations outside of the home who need help right now.

Web Address: www.ymcaalbany.org

Contact: Angle Duncan

Phone Number: (541) 926-4488 / Email Address: familydirector@ymcaalbany.org

## **FOOD**

- School Breakfast/lunch Grab-n-Go bags for all children ages 0-18 (new sites have been added, times and locations found on the link, children don't have to be with you) <a href="https://albany.k12.or.us/district/covid-19-closure-meals">https://albany.k12.or.us/district/covid-19-closure-meals</a>
- FISH of Albany Food Pantry provides emergency food and crisis services to those living in the Albany area. 541-928-4460, 1880 SE Hill Street, Albany, 9-3:30 M-F call before 3 pm to arrange food box pick up time. Must bring a piece of mail with your address on it. One box per month, per household <a href="Check Facebook page for latest updates to services">Check Facebook page for latest updates to services</a>
   <a href="https://www.facebook.com/fishofalbany/">https://www.facebook.com/fishofalbany/</a>
- Salvation Army Food Pantry

Call to make an appointment at 541-928-4774
345 Columbus SE, Albany, MWF 9am - 11:20am
They will meet you outside with a cart. Everything is sanitized between customers. **One visit per month per household.**https://www.foodpantries.org/li/salvation\_army\_cascade\_division\_97321

- Signs of Victory Mission 541-967-8545, 1100 SE Jackson St. Albany, M-Sat 9:00am to 6:00pm Providing food boxes while supplies last https://www.foodpantries.org/li/signs-of-victory-food-bank
- **St. Mary's Soup Kitchen** 541-926-8562, 822 SW Ellsworth St, Albany, Mon, Wed, Fri 5-6pm Meals to go- take out style at the back of the building, may have some extra food items as well. <a href="http://stmarysalbany.com/soup-kitchen/">http://stmarysalbany.com/soup-kitchen/</a>
- SNAP and Oregon Trail Card 541-967-2078, 118-SE 2nd Ave Albany (Formerly called food stamps) Apply for food assistance at DHS office or online.
   <a href="https://www.oregon.gov/DHS/ASSISTANCE/FOOD-BENEFITS/pages/index.aspx">https://www.oregon.gov/DHS/ASSISTANCE/FOOD-BENEFITS/pages/index.aspx</a>

# **EDUCATIONAL RESOURCES**

 The Greater Albany Public School District is working daily to provide your students with meaningful learning activities that can be done at home. In addition to some materials that your student will be receiving in the mail, please access the district website. In the left hand column about halfway down, you will find a long list of School Closure Resources. Below that is a list of videos. We suggest emailing your student's principal and/or teachers for more information. <a href="https://albany.k12.or.us/district/covid-19">https://albany.k12.or.us/district/covid-19</a>

#### More Free Educational Resources

- Scholastic.com is offering free educational activities for kids of a wide age range.
- https://classroommagazines.scholastic.com/support/learnathome.html
- kidsactivitiesblog.com has a whole list of educational sites that are offering free access to families right now.
- This is an extensive list of educational prompts, physical movement ideas, and entertainment ideas for kids and families.
- o PBS Kids is a great educational, as well as, entertaining resource for kids.
- ABC Mouse is offering free 30 day subscriptions for educational content ages 2-8.
- o <a href="https://ela-quest.weebly.com">https://ela-quest.weebly.com</a> Short stories with quizzes
- Virtual PE Every weekday morning at 10:00 A.M. on Instagram brought to you by Moda Health and the Portland Trailblazers.
  <a href="https://www.instagram.com/blazercommunity/?hl=en&mkt\_tok=eyJpljoiTU">https://www.instagram.com/blazercommunity/?hl=en&mkt\_tok=eyJpljoiTU</a>
  RnelpUWm1ORFV3WVRsbClsInQiOiJwOFwvWXA2V0NwNHVuTVFSMD
  JCYzhNazhnamJFUkdEWEFKeGx4N3RQbFNnb3FlSytzZWxoNnRnVG83
  cVFOQm4wb2ljRG9hQkM1NkVRa3JpU2VKaHFpWXRGQTZ1TTBSUzBD
  WkU0cEQ2XC9wNW9nNTJ2M2VuRm12em10SThHMUx1dnVkIn0%3D

## **MEDICAL**

#### Linn County Public Health

The Emergency Management arm of Linn County Public Health has set up an online BaseCamp site where you can go to get real time information and ask questions. Here is the link to set up your account and log in to their site.: https://3.basecamp.com/4455461/join/GrVb8SmpDZQd

#### COVID 19 "Call-a-Nurse" LINES:

These two phone numbers are **staffed by RN's** that will answer COVID-19 concerns from community members. **If you are experiencing symptoms, you can call here as a first step**:

- Samaritan Health Services: 541-451-7425. Please note that this is not urgent care but rather a designated line for COVID-19 concerns only.
- The Corvallis Clinic: 541-754-1285

# **RECOVERY**

Local AA & NA Chapters

Some local chapters have set up online meetings so folks can still access support, while also accessing online materials.

Alcoholics Anonymous Information
Narcotics Anonymous Information

# **TRANSPORTATION** (temporarily free to the public)

- Albany Transit System (ATS)
   https://www.cityofalbany.net/pw/transportation/albany-transit-system
- **Call-A-Ride** (for people with disabilities or people ages 60 and older) https://www.cityofalbany.net/pw/transportation/call-a-ride-service
- Linn-Benton Loop Bus <a href="https://loop.cityofalbany.net/">https://loop.cityofalbany.net/</a>

## **UTILITIES**

- City of Albany Water Temporarily Suspends Shutoffs for Nonpayment
   Due to community health concerns and precautions related to the COVID-19
   virus, until further notice, the City of Albany will not disconnect water service for
   nonpayment. Customers are still responsible for their water and sewer that are
   due now and that accrue during this temporary time. If possible, customers
   should continue to pay their bill. Online payment information is available on the
   City's website at <u>ub.cityofalbany.net</u>. Other options to make a payment without
   visiting City Hall are to send the payment by mail, use the drop box located on
   the east side of Albany City Hall, or call Utility Billing at 541-917-7547.
- Internet Essentials by Comcast offers income-qualifying customers affordable internet services for \$9.95 per month with the first two months free. <a href="https://apply.internetessentials.com/">https://apply.internetessentials.com/</a>
- NW Natural cares about the health and safety of our employees and customers.
   We will not disconnect customers who can't make a payment due to the coronavirus. Customers can visit our website or call us to make payment arrangements.
   1-800-422-4012 www.nwnatural.com

 Pacific Power has temporarily suspended nonpayment disconnections and late fees for our Oregon, California and Washington customers. If you are having trouble paying your bill, please let them know as soon as possible. Request more time to pay or set up a payment plan. No matter your circumstances, it's easy to make payment arrangements online <a href="https://csapps.pacificpower.net/idm/my-account/payments/payment-arrangements">https://csapps.pacificpower.net/idm/my-account/payments/payment-arrangements</a> or Call 1-888-221-7070.