## Family Resources

In case of Emergency always dial: 911

**211 Information Line:** Dial "211" for access to a 24 hour hotline for community resources and social services.

ABC House: (541-926-2203) Child abuse intervention center. www.abchouse.org

Albany Police Department: In an emergency, dial 911 <a href="https://www.cityofalbany.net/departments/police">www.cityofalbany.net/departments/police</a>

**Boys and Girls Club of Albany**: (541-926-6666) Provides recreational and competitive athletic opportunities, supervised after school activities. The dental clinic in the building provides low-income children with dental screening and treatment. <a href="https://www.bgc-albany.org">www.bgc-albany.org</a>

**Casa Latinos Unidos:** (541-766-4863) Provides information and resources mainly to migrant and refugee families needing assistance.

**Center Against Rape and Domestic Violence:** Provides confidential shelter and comprehensive advocacy services for victims of domestic and sexual violence. <a href="https://www.cardvservices.org">www.cardvservices.org</a>

**Charlie Health** (1-866-434-1632) ONLINE Intensive Outpatient Program combines supported groups, family therapy, and individual therapy into a series of personalized sessions multiple times per week.

**City of Albany:** City website has information for library, recreational opportunities, public works and emergency services. <a href="https://www.cityofalbany.net">www.cityofalbany.net</a>

**Community Outreach:** (541-758-3000) Provides shelter to homeless families, mental health care and medical clinics. www.communityoutreach.org

**Community Services Consortium:** (541-928-6335) Provides assistance and referrals for a variety of needs, such as housing, utility bill payments, education and training, food, etc. our services are dedicated helping households with limited income and require income eligibility screening.

www.communityservices.us

Crisis Line: email: oregonyouthline.org, 1-877-968-8491

**FACT: Families and Communities Together:** (541-924-3720) School district social services activity. <a href="http://albany.k12.or.us/departments/specialprograms/index.php">http://albany.k12.or.us/departments/specialprograms/index.php</a>

**Family Tree Relief Nursery:** (541-967-6580) Child Abuse prevention program, providing early intervention services at no-cost to high risk families.

<u>www.familytreern.org</u>

**FISH of Albany:** (541-928-4460) Provides free clothing, diapers, personal hygiene and household items to needy families. Food pantry provides a five-day supply of groceries. Prescription assistance for life threatening issues. Guest house provides emergency shelter for pregnant and parenting teens and their children. <a href="https://www.fishofalbany.com">www.fishofalbany.com</a>

**Food Hero:** (541-737-1017) Provides 300+ <u>recipes</u>, all using low-cost ingredients, for healthy and quick meals. Also includes a kids section with activity sheets, Kid Approved recipes, and coloring sheets, and Food Hero monthlies which focus on one ingredient per month. <u>www.foodhero.org</u>

Greater Albany Public Schools: (541-967-4501) www.albany.k12.or.us

**Inreach Services:** (541-812-4059) Medical, Dental and Mental Health care. www.samhealth.org/inreach

**Jackson Street Youth Shelter:** (800-901-2904) Serves homeless, runaways and other youth in crisis. <a href="www.jacksonstreet.org">www.jacksonstreet.org</a>

**Linn County Health Department: (541-967-3888)** Promotes the health and well being of all Linn County residents. <a href="www.co.linn.or.us/health/">www.co.linn.or.us/health/</a>

Linn County Crisis Services: 1-800-304-7468

**Linn County Mental Health:** (541-967-3886) Promotes the mental health of all Linn County residents. <a href="https://www.co.linn.or.us/health/mental-health/mh.htm">www.co.linn.or.us/health/mental-health/mh.htm</a>

**Linn County Sheriffs Office:** (911) emergency number, (541-967-3950) non-emergency number. <a href="www.linnsheriff.org">www.linnsheriff.org</a>

**Love, Inc of Linn County:** is a Christian organization that helps with all sorts of things from offering a variety of temporary help with labor services to collecting used household and medical equipment. 541-924-5683, 1606 Santiam Rd. SE, Albany Hours: M—Th 9am-1pm <a href="https://lovelinn.org/about-love-inc/">https://lovelinn.org/about-love-inc/</a>

**Lumina** (541-757-9616) Hospice and Palliative Care, Grief Support and Caregiver support programs. A community-grown nonprofit, provides compassionate care and support for individuals, families and caregivers facing serious illness or end of life.

Mid-Willamette Family YMCA: (541-926-4488) provides health and fitness activities,

youth mentoring, single parent family activities, programs for seniors. www.ymcaalbany.org

**Mighty Oaks Children's Therapy Center:** (541-967-7551) Provides comprehensive, family-centered therapy by licensed pediatric specialists for children (birth to 22 years) with all types of disabilities. Services include physical therapy, speech and language therapy and occupational therapy. <a href="https://www.mightyoakschildren.org">www.mightyoakschildren.org</a>

National Suicide Hotline: 1-800-273-8255

**Oregon State Police:** (911) emergency number, (541-967-2026) non-emergency number. www.oregon.gov/osp/pages/index.aspx

**Parenting Success Network:** (541-917-4899) Parenting support for Oregon families in Linn and Benton Counties. <a href="https://www.parentingsuccessnetwork.org">www.parentingsuccessnetwork.org</a>

**Pre-Primary Speech and Language:** (541-466-3110) provides speech and language therapy in a pre-school setting to 3-5 year old children with speech and language delays. <a href="https://www.fcpreprimary.org">www.fcpreprimary.org</a>

**Salvation Army:** (541-928-4774) Emergency shelter, clothing, food pantry, holiday assistance programs <a href="https://www.salvationarmyusa.org">www.salvationarmyusa.org</a>

**Trillium Family Services:** (1-888-295-6996) Compassionate Individualized Mental Health Care

**Welcome Center:** (541-704-2376) School district agency offers activities and translation assistance for Spanish speaking families. https://welcomecenter.albany.k12.or.us/